

Psychology

Psychology is a behavioral science that has as its goals to describe, understand, explain, predict and influence behavior and mental processes. Graduates in psychology—bachelor’s degree and post-graduate study are employed in a number of areas, including education, research, clinical practice, government, and business. Some of the major sub-fields in psychology are clinical, developmental, educational, environmental, health, industrial/organizational, neuropsychology, school, and social psychology.

Career Opportunities

Academic Counselor, Education, Educational Psychologist, Industrial/Organizational Psychologist, Licensed Marriage and Family Therapist, Licensed Professional Clinical Counselor, Mental Health Officer, Human Resources, Probation Officer, Psychologist, Rehabilitation Counselor, Social Worker

Faculty

April Garcia, MA, BCBA | Robert Flome, MS, LMFT | Patricia Jennings, MA, LMFT
Jim Previte, MA - Emeritus | Bill Bachofner, MA - Emeritus

Degrees and Certificates Awarded

Associate in Arts for Transfer, Psychology

Program Learning Outcomes

A student receiving a degree or certificate in this field will be able to:

- Demonstrate a breadth of knowledge and critical thinking skills as related to human behavior and mental processes
- Apply the scientific method to distinguish science from pseudoscience as it relates to behavior and mental preferences.
- Communicate scientifically to peers and to the community

Certificate Program

No certificates awarded. See Alcohol and Drug Studies for certificates offered at surrounding community colleges.

Associate Degree

To earn an Associate in Arts degree for Transfer with a major in Psychology, complete the required major courses and all other requirements specified on the following pages (i.e. 60 CSU transferable units, CSU GE or IGETC, etc.). For more information on the AA-T/AS-T degrees, meet with a counselor or www.adegreewithaguarantee.com

Transfer

For the most up-to-date information on these programs and others, visit www.assist.org. Please stop by the Transfer Center in Building 55 or make an appointment with a counselor if you have questions.

- **California State University, San Bernardino:** Psychology major
- **University of California, Riverside:** Psychology major | Psychobiology major

Local Bachelors Program

For information on the following program located in the High Desert, please visit: www.vvc.edu/offices/transfer-center and select “Counseling Information Sheets”:

- **Brandman University, Victor Valley Campus:** Psychology major

Psychology

Psychology, AA-T (33026)

Psychology offers much to the student who desires to study and understand the complexity of behavior and mental processes. The Associate in Arts in Psychology for Transfer program allows the student to utilize research methods, evaluate the credibility of research, theories, and applications; understand the core fields, paradigms, and theories; apply psychological concepts, theoretical perspectives, empirical findings, and historical trends to questions and issues in personal experience and contemporary society; and understand the ethical standards in academic and applied psychology. The Associate in Arts in Psychology for Transfer degree program also provides students with the opportunity to learn to describe, explain, predict, and influence behavior, in various situations, because it is one of a few disciplines with a broad and relevant scope.

Associate in Arts in Psychology for Transfer degree is to prepare students for transfer to the California State University system to complete the Baccalaureate degree in Psychology. Students should consult with a counselor to determine whether this degree is the best option for their transfer goals.

Program Requirements: 19 units

Required Courses (10 units total)

MATH 120/H120	Introduction to Statistics	4.0
PSYC 101	Introductory Psychology	3.0
PSYC 102	Research Methods for Behavioral Sciences	3.0

Additional Courses

List A –(3 units total)

PSYC 109	Biopsychology	3.0
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List B – Select ONE (3 units)

PSYC 110	Developmental Psychology	3.0
PSYC 111	Introduction to Child Psychology	3.0

List C – Select ONE (3 units)

PSYC 108	Family Dynamics of Addiction and Abuse	3.0
PSYC 121	Human Sexuality and Intimacy	3.0
PSYC 125	Introduction to Counseling	3.0
PSYC 133	Introduction to Substance Abuse Studies	3.0
PSYC 204	Social Psychology	3.0
SOC 101	Intro to Sociology	3.0

A student wishing to pursue an AA-T/AS-T degree in the major listed on this page must ensure the CSU of their choice is accepting that similar major. Students completing an AA-T/AS-T degree are guaranteed admissions into a CSU campus given that a student fulfills the following:

- 1) 60 CSU transferable units;
- 2) Completes the CSU General Education (GE) or IGETC General Education pattern;
- 3) Completes the major requirements for the AA-T/AS-T;
- 4) Maintains a transferable cumulative GPA of at least 2.0 (C or better);
- 5) Completes the basic/Golden 4 GE requirements.

For more information on the AA-T/AS-T degrees, meet with a counselor or visit www.sb1440.org and www.adegreewithaguarantee.com

PSYC 51 PEER TUTORING FUNDAMENTALS

Units: 1.0 | 16-18 hours lecture

(No prerequisite.)

PSYC 51 is designed to teach potential tutors to learn and practice the skills tutors need to work with students in one-on-one and group situations. The primary goal for a tutor is not to teach but to assist the student in learning course content and study skills/habits biological and neurological basis of behavior.

PSYC 101 INTRODUCTORY PSYCHOLOGY

Units: 3.0 | CSU, UC | 48-54 hours lecture

(No prerequisite. Recommended preparation: Eligibility for ENGL 101.0 or ENGL 101H)

This course provides instruction in the nature of human behavior and a consideration of theories and principles pertaining to the topics of research design and experimentation, perception, emotions and motivation, personality, social psychology, psychopathology, human development, learning, cognition and memory. It includes essential features of the biological and neurological basis of behavior.

PSYC 102 RESEARCH METHODS FOR BEHAVIORAL SCIENCES

Units: 3.0 | CSU, UC | 32-36 hours lecture 48-54 hours laboratory

(Prerequisite: PSYC 101 or PSYC 101H; MATH 120 or MATH 120H. Recommended preparation: Eligibility for ENGL 101.0 or ENGL 101H)

This course is designed to introduce students to the basic assumptions of the scientific method and principles of research methods for the behavioral sciences. Psychological and social research methods examined may include experimental research, survey research, field research, correlations and comparative-historical research. Procedures to evaluate the soundness of research designs and ethical issues related to research designs and methodologies are also considered.

PSYC 108 FAMILY DYNAMICS OF ADDICTION AND ABUSE

Units: 3.0 | CSU | 48-54 hours lecture

(No prerequisite)

This course studies family abuse and addiction. Theories and evidence-based intervention strategies that promote behavioral change and wellness are evaluated. Chemical, child, spousal, and dependent adult abuse are defined within a social, cultural, and historical context. It also explores the correlation between chemical dependency and family dysfunction as well as the developmental impact abuse has on children and adolescents.

PSYC 109 BIOPSYCHOLOGY

Units: 3.0 | CSU, UC | 48-54 hours lecture

(Prerequisite: PSYC 101 or PSYC 101H)

Introduction to the study of behavior from a biological perspective. Neuroanatomy, neurophysiology, psychopharmacology, and the biological systems and processes underlying behavior. Emphasis will be placed on brain mechanisms underlying behavior and their relation to issues in psychology.

PSYC 110 DEVELOPMENTAL PSYCHOLOGY

Units: 3.0 | CSU, UC | 48-54 hours lecture

(UC credit limitation) (No prerequisite. Recommended preparation: Eligibility for ENGL 101.0 or ENGL 101H and satisfactory completion of PSYC 101.)

This course includes the study of the theories, methods, and research findings regarding biosocial, cognitive, and psychosocial development of the individual from conception through adulthood, including death, dying, and bereavement.

PSYC 111 INTRODUCTION TO CHILD PSYCHOLOGY

Units: 3.0 | CSU, UC | 48-54 hours lecture

(UC credit limitation). (No prerequisite. Recommended preparation: Eligibility for ENGL 101.0 or ENGL 101H.)

This course is a survey of the psychological growth of the normal individual from conception through adolescence. Particular emphasis is given to biopsychosocial, emotional, and cognitive development. Other topics include parenting styles and the potential problems encountered by children and adolescents.

Psychology Courses

PSYC 121 HUMAN SEXUALITY AND INTIMACY

Units: 3.0 CSU, UC | 48-54 hours lecture

(No prerequisite)

This is a survey course of human sexual and intimate behaviors throughout the life cycle. It includes the physiological, psychological, sociological, and theoretical approaches of human sexuality, the cultural legacy of human sexuality, variations of sexual behaviors and intimate relationships, sexuality throughout the life cycle, sexual disorders and related social issues.

PSYC 125 INTRODUCTION TO COUNSELING

Units: 3.0 CSU | 48-54 hours lecture

(No prerequisite. Recommended preparation: PSYC 101)

An introduction to principles and practices of counseling concepts will be the primary focus. A systematic consideration of the basic skills and theories essential for effective counseling and problem solving.

PSYC 128 SPECIAL TOPICS

See Special Topics listing (Variable units) CSU

PSYC 129 INDEPENDENT STUDY

See Independent Study listing (1-3 units) CSU

PSYC 133 INTRODUCTION TO SUBSTANCE ABUSE STUDIES

Units: 3.0 CSU, UC | 48-54 hours lecture

(UC credit limitation) (No prerequisite)

This course will provide a historical perspective on drug/alcohol abuse, its impact on the individual, the family, the community and society. Definitions of use, abuse, and addiction will be presented as well as the disease concept of addiction. The effectiveness and economics of various models of treatment and rehabilitation will be explored.

PSYC 138 COOPERATIVE EDUCATION

See Cooperative Education listing (1-8 units)

PSYC 204 SOCIAL PSYCHOLOGY

Units: 3.0 CSU, UC | 48-54 hours lecture

(Prerequisite: PSYC 101 or PSYC H101)

The focus of this course is the relationship between the individual and society including such topics as social identity, conformity, obedience and deviance, attitudes and attitude change, attribution theory, persuasion, prejudice and stereotyping, aggression and prosocial behavior, interpersonal relationships, group dynamics, and conflict and conflict resolution.

PSYC 206 PSYCHOSOCIAL REHABILITATION AND RECOVERY

Units: 3.0 CSU | 48-54 hours lecture

(Prerequisite: PSYC 101. Recommended Preparation: ENGL 101)

This course is an overview of the field of psychosocial rehabilitation (PSR). The course will explore the principles and values of PSR with an emphasis on person-centered treatment, consumer empowerment, and recovery. It will survey a history of psychiatric disorders and treatments, practice models, current issues facing the psychosocial rehabilitation practitioner, co-occurring disorders, consumer support systems, social services, and community resources.

PSYC 209 DEVELOPMENTAL PSYCHOPATHOLOGY

Units: 3.0 CSU | 48-54 hours lecture

(Prerequisite: PSYC 101 with a grade of "C" or better).

This course studies childhood and adolescent psychological disorders within the context of human development. Emphasis is on the developmental origins and developmental consequences of biological, social, emotional, and behavioral disturbances/influences. Topics include DSM-V classification, assessment, testing, course, etiology, gender, culture, prevention, risk and treatment modalities.

PSYC 211 INTRODUCTION TO LEARNING AND BEHAVIOR ANALYSIS

Units: 3.0 CSU 48-54 hours lecture

(Prerequisite: PSYC 101 with a grade of "C" or better).

This course addresses the fundamental principles in Learning and Behavior Analysis with an emphasis on operant conditioning, applied behavior analysis, and evolutionary and biological factors. Topics include the history and basic principles of modern learning theories; methodology, measurement and quantification of behavior research, and the application of behavior analysis techniques for changing behavior.

PSYC 213 ABNORMAL PSYCHOLOGY

Units: 3.0 CSU, UC 48-54 hours lecture

(No prerequisite)

This course explores the history and classifications of psychological disorders, symptom criteria, clinical assessment, diagnosis, and the major theoretical treatment modalities. Biopsychosocial, Psychoanalytic, Cognitive-Behavioral, Sociocultural theories are emphasized. How we define, assess, treat, and study psychological disorders is the thematic focus of the course. A variety of class exercises are used to illustrate and understand the etiology, symptoms, diagnosis, and treatment of psychological disorders.

PSYC 215 INTRODUCTION TO STATISTICS FOR THE BEHAVIORAL SCIENCES

Units: 3.0 CSU, UC 48-54 hours lecture

(Prerequisite: MATH 90 with a grade of "C" or better. Recommended preparation: ENGL 101.0/101H PSYC 101 and SOC 101.)

This is an introduction to the basic statistical methods and analyses commonly used in behavioral and sociological research. Topics include: descriptive and inferential statistics including levels and types of measurement; measures of central tendency and dispersion; normal, t, and chi-square distributions; probability and hypothesis testing; measures of significance; regression and correlation; and, analysis of variance (ANOVA). Application of statistical software to social and behavioral science data required.

PSYC 217 INTRODUCTION TO RESEARCH METHODS IN PSYCHOLOGY

Units: 4.0 CSU 48-54 hours lecture and 48-54 hours laboratory

(Prerequisite: PSYC 101/101H; PSYC 215 or MATH 120/120H, with a grade of "C" or better. Recommended preparation: ENGL 101.0/101H.)

This course surveys psychological research design and methods with an emphasis on correlational relationships, experimental procedures, descriptive methods, instrumentation, data collection, statistical analysis, and interpretation. Research design and methodology will be examined through the review of scholarly journal articles. In laboratory sessions students will conduct research in psychology and/or social science. Actual data collected from research conducted during laboratory sessions will be analyzed with statistical software.

PSYC 219 FIELDWORK IN PSYCHOLOGY AND SOCIAL SCIENCES

Units: 3.0 CSU 16-18 hours lecture and 96-108 hours laboratory

(No prerequisite. Recommended preparation: PSYC 101 with a grade of "C" or better, PSYC 125, PSYC 213, requires permission from instructor AND the Psychology Department Chair.)

Fieldwork experience in Psychology and Social Science is a required course for the Mental Health Worker and the Applied Developmental Psychology Certificate(s) of Achievement. Practical experience is a major factor in professional skill development and application of research and academic knowledge. Class meetings focus on fieldwork experiences, self-care, case communication, and multi-disciplinary teamwork experiences. Students will be assigned a supervised position in a placement setting. Field placement agencies may require a TB test and/or fingerprinting. This course requires permission from the instructor AND the Psychology Department Chair.