



## (AA-T) Associate in Arts for Transfer in Kinesiology

### Program Requirements: 23-24 units

Required Core (13 units)		Units
KIN 101	Introduction to Kinesiology	3.0
BIOL 211	Human Anatomy	5.0
BIOL 231	Human Physiology	5.0
<b>Required Movement Based Courses</b> – Select a maximum of one (1) course from any three (3) of the following areas for a minimum of three units:		
<b>AREA 1: AQUATICS</b>		
KIN 186A	Intro to Aqua Jogging	1.0
KIN 186B	Aqua Jogging	1.0
<b>AREA 2: COMBATIVES</b>		
KIN 168	Self-Defense	1.0
<b>AREA 3: DANCE</b>		
No Dance/Kinesiology Dance (KIND) courses articulated for this major.		
<b>AREA 4: FITNESS</b>		
KIN 150	Lifetime Fitness	2.0
KIN 160	Physical Fitness	1.0
KIN 162	Weight Training I	1.0
KIN 163	Weight Training II	1.0
KIN 164	Aerobic Weight Training	1.0
<b>AREA 5: INDIVIDUAL SPORTS</b>		
KIN 180A	Tennis	1.0
KIN 181	Golf	1.0
<b>AREA 6: TEAM SPORTS</b>		
KIN 165	Basketball	1.0
KIN 166	Beginning Volleyball	1.0
KIN 166B	Beginning/Intermediate Volleyball	1.0
KIN 180B	Tennis Doubles	1.0
KIN 185	Football Techniques/Conditioning	2.0
KIN 185B	Offensive Football Techniques	1.0
<b>List A – Select two (7 units)</b>		
MATH 120/H120	Introduction to Statistics	4.0
KIN 102	First Aid & AED/CPR	3.0

**Requirements for the AA-T in Kinesiology degree at Victor Valley College:**

- 1) Complete 60 CSU transferable units;
- 2) Complete the CSU General Education (CSUGE) or IGETC General Education pattern;
- 3) Complete the major program requirements (above) with a grade of “C” or better;
- 4) Maintain a cumulative transferable GPA of 2.0 or higher

Students planning to transfer to the California State University (CSU) and pursuing an AA-T at VVC must ensure that the CSU campus of their choice is accepting that similar major. Students completing AA-T degree are guaranteed admission into a CSU campus given that they fulfill all of the requirements above and have completed the Basic/Golden 4 GE requirements. For more information on the AA-T degree, meet with a counselor and visit [www.calstate.edu](http://www.calstate.edu) and/or [www.adegreewithaguarantee.com](http://www.adegreewithaguarantee.com).