Course Outline

PSYC 121 - Human Sexuality and Intimacy

1. Discipline

PSYC Psychology

2. Catalog Description

This is a survey course of human sexual and intimate behaviors throughout the life cycle. It includes the physiological, psychological, sociological and theoretical approaches of human sexuality, the cultural legacy of human sexuality, variations of sexual behaviors and intimate relationships, sexuality throughout the life cycle, sexual disorders and related social issues. CSU,UC

3. Schedule Description

This is a survey course of human sexual and intimate behaviors throughout the life cycle. It includes the physiological, psychological, sociological and theoretical approaches of human sexuality throughout the life cycle, sexual disorders and related social issues. CSU,UC

4. Title 5 Category

- AA/AS Degree
- Distance Ed
- BA/BS Degree Applicable

CB22 Non-Credit Category

5. Certificate Applicable

AA-T Psychology (2) - Associate of Arts for Transfer (AA-T, ADT) (Historical)
California State University (CSU) General Education (GE) Requirements - - Certificate of Achievement (Historical)
California State University (CSU) General Education (GE) Requirements - Certificate of Achievement (Active)
California State University (CSU) General Education (GE) Requirements - Certificate of Achievement (Historical)
Intersegmental General Education (GE) Transfer Curriculum - Certificate of Achievement (Historical)
Intersegmental General Education Transfer Curriculum (IGETC) - Certificate of Achievement (Active)
Intersegmental General Education Transfer Curriculum (IGETC) - Certificate of Achievement (Historical)
Liberal Arts: Social/Behavioral Science Emphasis (18596) - AA Associate of Arts (Active)
Psychology - Associate of Arts for Transfer (AA-T, ADT) (Active)
Psychology - Associate of Arts for Transfer (AA-T, ADT) (In Review)
Public Health Science - Associate of Science for Transfer (AS-T, ADT) (Active)
Public Health Science - Associate of Science for Transfer (AS-T, ADT) (Historical)
Social/Behavioral Science Emphasis (18596) - AA Associate of Arts (Historical)
VVC General Education Graduation Requirements - AA Associate of Arts (Active)

6. Number of Units (Zero Units for non-credit courses)

3.000

7. Contact Hours per term

Hour Type	Units	Contact Hours (Weekly)	Contact Hours (16 Weeks - Min)	Contact Hours (16 Weeks - Max)	Minimum Outside-Of-Class Hours	Minimum Total Course Hours
Lecture Hours	3.0	3.0	48.0	54.0	96.0	144.0
Lab Hours	0.0	0.0	0.0	0.0	0.0	0.0
Field Work Hours	0.0	0.0	0.0	0.0	0.0	0.0
Total	3.0	3.0	48.0	54.0	96.0	144.0

Maximum Enrollment Justification

Maximum Class Size

TOP Code 2001.00 - Psychology, General

8. Special Topics

9. Grading

Letter Grade Only

10. Repeatability

This course is repeatable No

0X - No Repeats Allowed

11. Entrance Skills

12. Requisites

13. Instructional Objectives

1. Describe physiological, psychological, and sociological factors that influence and determine human sexual behavior and intimacy.
   Requires Critical Thinking Yes
2. Contextually define the concepts of sexuality, sex roles, gender orientation, sexual orientations, and intimate roles across diverse societies and cultures.
   Requires Critical Thinking Yes
3. Identify the continuum of human sexual behaviors and diagnostic deviations from the norm.
   Requires Critical Thinking Yes
4. Describe how sexually transmitted diseases, sexual disorders, and various social issues relate to sexual and intimate behaviors.
   Requires Critical Thinking Yes
5. Explain how ethnicity, religion, the family, and personal values influence intimacy and sexuality.
   Requires Critical Thinking Yes
6. Describe the personal, public domains and legal aspects of sexuality and intimate relationships.
   Requires Critical Thinking Yes
7. Promote critical thinking skills, sexual awareness, and personal responsibility for healthy decision making.
   Requires Critical Thinking Yes
8. Discuss the common research designs and methods used to study sexual behavior; encourage students to apply research findings to their own lives.
   Requires Critical Thinking Yes

14. Student Learning Outcomes

1. **Demonstrate knowledge of the biological, social, and scientific foundations of human sexuality.**
2. **Identify and explain individual sexuality throughout the lifespan, sexual values, and the influence sexuality has on our relationships.**
3. **Distinguish and discuss the broad spectrum of sexual behavior in contemporary society: art, media, marketing, and the law.**

15. Course Content

1. **1. Perspectives on Human Sexuality**
2. **2. Studying Human Sexuality**
3. **3. Female Sexual Anatomy, Physiology, and Response**
4. **4. Male Sexual Anatomy, Physiology, and Response**

5. **5. Gender and Gender Roles**
6. **6. Sexuality in Childhood and Adolescence**
7. **7. Sexuality in Adulthood**
8. **8. Love and Communication in Intimate Relationships**
9. **9. Sexual Expression**
10. **10. Variations in Sexual Behavior**
11. **11. Contraception, Birth Control, and Abortion**
12. **12. Conception, Pregnancy, and Childbirth**
13. **13. The Sexual Body in Health and Illness**
14. **14. Sexual Function Difficulties, Dissatisfaction, Enhancement, and Therapy**
15. **15. Sexually Transmitted Infections**
16. **16. HIV and AIDS**
17. **17. Sexual Coercion: Harassment, Aggression, and Abuse**
18. **18. Sexually Explicit Materials, Prostitution, and Sex Laws**

16. Course Lab/Activity Content

1. **NONE**

17. Assignments

1. **Required Reading Assignment**

   Sample

   -Students research, read, analyze and evaluate the assigned textbook chapters and professional sources of information regarding physiological, psychological, social, and diverse issues in human sexuality; Student Learning Outcomes 1-6; Discussions, papers, homework, group projects, oral presentations, research projects, and exams/tests/quizzes.

2. **Required Out of Class Assignment**

   Sample

   A) Complete a term project using critical thinking analysis and synthesis.
   B) Locate, read, analyze and evaluate sources of information regarding human sexuality and intimacy.
   C) Synthesize appropriate sources of diagnostic criteria for consistency of assessment regarding hypothetical case studies.
   D) Write three ' research papers on the topic of human sexuality and intimacy
   E) Participate in peer group discussions after researching topics to evaluate authenticity of source materials.
   F) Complete written homework exercises on a weekly basis.
   G) In-class discussions of the topics involved in the class.
   Participate in group exercises to critique and evaluate various sources of information relating to human sexuality and intimacy

18. Methods of Instruction

- Web Enhanced-full classroom w/online components
- Lecture
- Distance Education

Other No

19. Methods of Evaluation

Methods of Evaluation

- Exams/Tests/Quizzes
- Research Projects
- Written Assignments

- Oral Presentation
- Simulation
- Group Projects
- Class Participation
- Class Work
- Home Work

Other No

20. Text and Other Materials

Representative Textbook

Author(s)	Title	Edition	Publisher	ISBN-13	Year	Rationale for older textbook	Or Equivalent
Sayad B.,& Yarber,W.	Human sexuality: diversity in contemporary america	7	McGraw-Hill		2010		**Or Equivalent** No
Kelly, G.K.	Sexuality today	10	McGraw-Hill		2011		**Or Equivalent** No
Rathus, S.A., Nevid, J.S., & Fichner-Rathus, L	Human Sexuality in a World of Diversity	8	Pearson		2011		**Or Equivalent** No

Course Manual

Author(s)	Title	Edition	ISBN-13	Publisher	Year	Rationale for older manual	Or Equivalent

Course Software

Title	Edition/Version	Publisher/Manufacturer	Description	Or Equivalent

Other Learning Materials

Other

21. Distance Education

Does (or will) this course have a DE component? Yes

Delivery Method(s) - Check all that apply

FULLY ONLINE (FO) (also known as "100% online") – Instruction involving regular and effective online interaction that takes place synchronously or asynchronously and is supported by online materials and activities delivered through the college's learning management system, and through the use of other required materials. All approved instructional contact hours are delivered through these online interactions. Fully online classes do not require in-person assessments or activities. If synchronous online activities are required, the schedule of classes indicates dates and times.

Yes

PARTIALLY ONLINE (PO) (also known "hybrid") – Instruction involving regular and effective online interaction for -any portion of the approved contact hours that takes place synchronously or asynchronously and is supported by materials and activities delivered in person and online through the college's learning management system, and through the use of other required materials. Any portion of a class that is delivered online must follow a separate approval process. The approved online portion must meet the regular and effective contact regulation. The schedule of classes indicates dates, times and locations of the required in-person components.

Yes

ONLINE WITH FLEXIBLE IN-PERSON COMPONENT (OFI) – Instruction involving regular and effective online interaction that takes place synchronously or asynchronously and is supported by online materials and activities delivered through the college's learning management system, and through the use of other required materials. Approved instructional contact hours are delivered through online interactions, supplemented by required in-person assessments or activities that are available at approved locations during a specified range of time. The schedule of classes indicates dates, range of times and locations of all required in-person components.

No

For fully online classes, proctored face-to-face tests will be included No

I understand that students in fully online classes are not required to take proctored tests on the college campus; alternative locations must be arranged. No

I understand that dates and times of exams must be listed in the Schedule of Classes. No

Select the appropriate hybrid configuration(s) for this course:

General Information

Have all faculty in department been notified of this DE petition/status?

Class-Related E-mail
Threaded Discussion Forums - with appropriate instructor initiated participation.

Announcements - posted in the Course Management System at least once each week.

Feedback on Student Work - Completed in a timely manner.

E-Lectures - Original and course-related instructional content prepared by the instructor of a class and made available to students within the district course management system. E-lectures may be delivered in a variety of formats, including text-only content pages, posted documents, transcripted audio recordings with or without synchronized slides, and captioned video recordings

Explain

Instructors will be available to respond to email on a daily basis.Instructors may provide webcasts and times may vary. Instructors will facilitate Discussion Boards on a daily basis amounting to approximately 4 hours per week.Hybrid classes will meet on campus; amount of meeting time may vary depending on hour/minute requirements each semester and academic calendar.There will be a minimum of 140 minutes/per week of online office time scheduled.

22. Library Resources

The Library has sufficient resources presently available to support this course. No

The Library resources are sufficient to offer this course but new materials should be added to improve and update the holdings in this subject area. No

The Library's resources are not presently adequate to support the teaching of this course. Accordingly, it is recommended that the items listed below be purchased prior to the first offering of this course.

No

In order to maintain currency in the subject area(s) related to the proposed new course, please recommend current books or media sources (DO NOT include course text books) for purchase:

23. Dates

- Board of Trustees
  06/10/2012
- Effective
  06/10/2012
- State Approval
  08/25/2007
- Last Outline Revision
  05/10/2012
- CC Approval
  05/10/2012
- Content Review
  05/10/2012

24. Proposed Start Date

25. Cross Listed Courses

26. Need for Course

27. Attached Files

28. Academic Accomodations

A. A course syllabus or other explanation with due dates for course materials and assignments is available for students in alternative formats (e.g., electronic format).
B. Auxiliary aids can be used in classroom or lab setting (e.g., Tape recorder, interpreters, and mobility devices).
C. If this course requires field trips, there will be alternatives for field trips.
D. Material is available in more than one modality or methodology (e.g., visual, oral, tactile).
E. Students have access to the instructor to discuss accommodations.
F. Technology used to deliver Distance Education components of this course meet standards for accessibility to persons with disabilities.
G. Video or audiotapes are available in accessible formats.