

Rock the Study-A-Thon



Join VVC during the Study-A-Thon lunch break for fun and engaging activities on **FRIDAY, December 10, 2021** from **11:00 AM TO 1:00 PM** in **BUILDING 21(ATC)**!
 Lunch will be provided by Carl's Jr food truck and Funnel Cakes.
 Prizes to the most talented!

Interested in Art? LET'S ROCK!

Come by and participate in art rock and canvas painting among other activities.

ACCESS Counseling Presents
PAWS
Pet Away Worries and Stress Event
Stressing about Finals??
Take a 'PAWS' from your studies & recharge with therapy dogs!



Add these cute rocks into Your back yard!

Interested in Origami?

Learn how to fold money into a rose bouquet. Turn rose stems into a money flowers as a memorable gift. While supplies last!

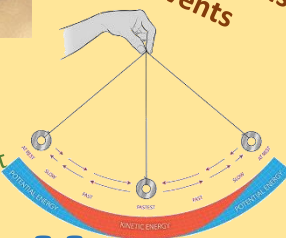


Working on PAWS for Therapy Kittens in future events

Canvas Painting!

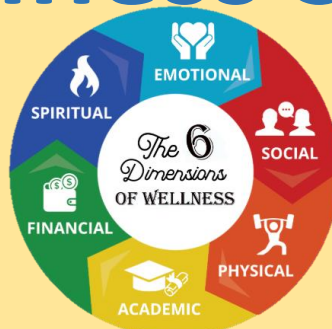


Join the Electronics, Robotics Club and Physics department capturing pendulum driven encoder signals to plot angular velocity and displacement on a PC.



Wellness Sessions

Take 5-10 minutes to come and de-stress with a simple meditation from HEADSPACE. Once you are done, use your VVC email to sign up to receive a FREE subscription to the HEADSPACE app (while supplies last!) HEADSPACE is a great tool to use during finals and into next year!



Come learn about other wellness related resources and activities available to you, as a VVC student. You can also sign up to participate in a fun wellness challenge!

