

Academic Senate – Dec. 4, 2025 – APPROVED

Graduation Requirements Committee

Kinesiology Competency Statement – For Catalog

A minimum of one course (credit or noncredit) is required to earn the AA or AS degree. Any APE, HLTH, KIN, KIND course; or TA courses that are cross-listed with KIND; or FIRE 140A Firefighter Physical Agility Entrance Exam Techniques will satisfy this requirement. A maximum of 4 units of APE/KIN/KIND/TA activity courses will count toward the degree (except for KIND/TA units in the Fine Arts major, which have no limitation).

Completion of military basic training also fulfills this requirement. A copy of the student's form DD214 or JST must be on file with the Admissions & Records Office.

Courses with the athletics prefix (ATHL) do not satisfy this requirement, unless they are cross-listed with HLTH courses.