

VICTOR VALLEY COMMUNITY COLLEGE DISTRICT

CLASS TITLE: ATHLETIC TRAINER

BASIC FUNCTION:

Under the direction of an assigned supervisor, provide preventive and rehabilitative treatment of athletes engaged in various inter-collegiate sports; administer emergency first aid and attend to the routine medical needs of injured athletes and staff during practice sessions, physical education classes and sporting events; maintain and control the training room; advise and consult the coaching staff on the severity of injuries and the athlete's ability to resume practice and re-enter competition; travel with the athletic teams and assume responsibility to attending to the routine medical needs of injured athletes in the absence of other appropriate medical facilities.

REPRESENTATIVE DUTIES:

Provide preventive, post-injury and post surgical care to athletes engaged in various inter-collegiate sports; administer emergency first aid and attend to the routine medical needs of injured athletes and staff during practice sessions, physical education classes, and sporting events. *E*

Operate and supervise the operation of physical therapy modalities used in the treatment and rehabilitation of injuries including: ultrasound, tens units, whirlpool, muscle stimulation, massage, hydrotherapy, PNF techniques and modalities, cryotherapy, and thermal therapy. *E*

Attend athletic events and practices as required and provide for immediate and necessary emergency care for injured athletes, other students, staff, and visiting athletic guests as needed; escort injured athletes to proper medical services for primary and follow-up care as needed. *E*

Provide preventive and rehabilitative taping and support for ankles, knees, wrists, other joints, muscle groups, and body structures as needed by the individual. *E*

Maintain records of injuries, physical therapy, daily treatment, and other activities in the physical education department; prepare accident and insurance forms; inform parents on injuries as appropriate. *E*

Maintain insurance records of initial medical referral and related correspondence with insurance carriers; provide for the coordination of benefits between an athlete's primary coverage and the secondary coverage provided by the college's insurer. *E*

Design, fabricate, and fit custom and commercial protective devices. *E*

Athletic Trainer-Continued

Develop and implement athletic programs related to the care and prevention of athletic and school-related injuries. *E*

Issues permits for physician's care and certify clearance for participation following medical care; schedule and provide physician assistance with pre-participation physicals, maintain related records, and provide for post physical follow-up as directed by the attending physician. *E*

Select, train, and provide work direction and guidance to student workers and others as needed. *E*

Provide technical and individual information to athletes and coaches regarding diets, rest, conditioning, exercises, re-conditioning, and related health matters in a competitive and personal environment. *E*

Develop and submit budget requests, order supplies and equipment, and maintain inventory of equipment. *E*

Operate and maintain the college training room and equipment storage facilities; review equipment and material needs with coaches for individual athletic teams, department use, and for health supplies in training program. *E*

Perform related duties as assigned.

KNOWLEDGE AND ABILITIES:

KNOWLEDGE OF:

Principles of physiology, kinesiology, anatomy and first aid.

Various therapeutic techniques including hydrotherapy, cryotherapy, electrotherapy, thermal therapeutic techniques, exercise therapy, and physical conditioning both singularly and in combinations.

Protective general athletic equipment involving design, function and durability.

Policies, procedures, and objectives of an athletic program.

Rules and regulations of a variety of sports and athletic activities.

Principles of providing training, work direction, education, and counseling.

Applicable sections of the State Education Codes and other laws.

Record-keeping techniques.

Interpersonal skills using tact, patience, and courtesy.

Oral and written communication skills in dealing with students, parents, athletes, physicians, and physical therapists.

Athletic Trainer-Continued

ABILITY TO:

Administer preventive measures, first aid, and rehabilitative treatments to athletes in various inter-collegiate sports.

Understand various modalities used in physical therapy and injury rehabilitation.

Supervise the conditioning and exercises of athletes.

Tape and apply protective devices and pads to athletes.

Conceptualize the need and function of protective equipment and the subsequent fabrication of that custom protective device, in singular or in combination with commercial devices.

Maintain medical aid and equipment records and prepare reports as needed.

Maintain comprehensive records of rehabilitation and injury management.

Train and provide work direction to others.

Analyze situations accurately and adopt an effective course of action.

Travel to athletic events as required.

Communicate at a professional level with various health care professionals and follow technical and detailed instructions of the team and attending physicians.

Establish and maintain cooperative and effective working relationships with others.

Lift, carry, push and pull objects weighting up to 100 pounds.

Learn, apply, and explain policies, procedures, rules, and regulations.

Maintain current knowledge of technical advances in the field.

EDUCATION AND EXPERIENCE:

Any combination equivalent to: bachelor's degree in athletic training or related field and two years experience in a high school or college athletic training environment.

LICENSES AND OTHER REQUIREMENTS:

Valid California driver's license, possession of a valid National or American Athletic Trainers Association Certificate, and current First Aid and CPR Certificates.

WORKING CONDITIONS:

Athletic training room, campus and athletic event environment

Subject to driving to a variety of locations to conduct work during day and evening hours.

Position requires bending to tape and lift, heavy lifting, standing and walking for long periods of time, visual, hearing, and verbal ability.

Incumbent may be exposed to contact with blood and body fluids, hostile or abusive individuals, and exposure to individuals with excessive body odor.