



Victor Valley College

# Communique'

January 2013 ♦ Volume I ♦ Issue V

## Inside...



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## President's Message On Accreditation and News

As we anticipate the beginning of the Spring semester, we have a unique opportunity to build upon our many successes and are perfectly positioned to continue to move forward as a college dedicated to continuous quality improvement.

This month, I traveled to Sacramento to speak before the Accrediting Commission (AACJC) regarding VVC's accredited status. We will receive official notification in the next few weeks. In my opinion the presentation went well. Commission members only had two questions for me, and they both involved program review. I remain optimistic and want to thank all of you once again for your hard work. I will inform the college community as soon as I am notified.

In other news, I thought you would be interested to know that our recently appointed San Bernardino County Sheriff is a Victor Valley College alumnus. As reported in a press release issued on January 9th, Sheriff McMahon took the oath of office and pledged to maintain his agency as the premier law enforcement department in the country. McMahon, 49, was appointed to the post by the Board of Supervisors on Dec. 18, replacing Sheriff Rod Hoops who retired to take a position with a Washington, D.C. think tank. He officially took over Dec. 31. A 27-year-veteran of the department, McMahon has held a variety of command positions including, Deputy Chief and Assistant Sheriff prior to his appointment. I have invited Sheriff McMahon to be introduced at an upcoming Board of Trustees meeting.

Recently, I had the opportunity to reestablish contact with an old friend and colleague, Dr. Tomás Morales, who is now serving as the President of California State University San Bernardino. In our conversation, we renewed a commitment to expand the continuing partnership between our two institutions in order to better serve our students.

During the winter break, I have continued to meet with college leadership, all of whom are dedicated and committed to serve the students of the High Desert and beyond, as defined strategically in our Master Plan. I look forward to the return of all faculty, staff, and students for the Spring semester.

# Campus News



“On behalf of the Staff Development Committee, I would like to thank the 100 people that visited the various hospital-ity sites during the week!”

## Special Thank You Message From Debbie Peterson

“Thank you to hosts:”



- Human Resources
- Athletics Training Room

- Child Development
- Agriculture Department



- Student Services 1: Admission & Records, Financial Aid, Bursar, Restaurant Management

- \$50 Target Gift Card: Margaret Kagy, Student Services Lab



- \$30 Target Gift Card: Jennifer Alfais, Child Development

- \$20 Target Gift Card: Shirley Snell-Gonzalez, Administrative Services



“The winners of the gift cards are:”

“Congratulations and we look forward to working to make this an annual event.”

## CAMPUS COMMUNICATION DAY- SPRING 2013 SCHEDULE

Monday, February 25  
10:00 - 11:30 a.m.  
Topic: Accreditation

Wednesday, March 27  
3:30 - 5:00 p.m.  
Topic: Shared Governance

Thursday, April 25  
1:00 - 2:30 p.m.  
Topic: Technology

Tuesday, May 21  
5:00 - 6:30 p.m.  
Topic: Student Success Act

# Campus News



## Performing Arts Center Purchase Tickets Online: [www.vvc.edu/tix](http://www.vvc.edu/tix) FEBRUARY SHOW SCHEDULE

### **An Evening of Comedy & Magic ~ February 2, Main Stage @ 7:30 p.m.**

This wonderful family show stars some of the world's greatest award-winning magicians and mind-boggling artistes in a fascinating full evening production! Don't miss this fun-filled evening of amazing mysteries! You've seen them on television – now see them in person! Mike Douglas – Unbelievable Surprises! Terrell & Takako Hayes – Dynamite Juggling Duo! Handsome Jack – Hollywood's Favorite Comedian/Magician! Tony Clark – Master of Illusions!

### **Dreamers, Visionaries & Leaders ~ February 9, Main Stage @ 1:00 p.m.**

This award show celebrates leaders in the African American community through a variety of media including video, music, dance and singing. This is a free event.

### **Passport Travel Series–Cuba: The Inside Story ~ February 10, Main Stage @ 2:30 p.m.**

To order a season pass call 760-617-1448. National Geographic Explorer Karin Muller appears in person to share her experiences of traveling for three months undercover in Cuba. Karin's findings about the Cuban people and this beautiful country will surprise you! This motion picture is the "Directors Cut" of her National Geographic PBS series on Cuba.

### **Terry Barber ~ February 17, Main Stage @ 2:30 p.m.**

With an extraordinarily broad vocal range and natural fluency in a wide range of musical styles, American countertenor Terry Barber is a performer in a class by himself. Once a member of the Grammy Award-winning ensemble, Chanticleer, he performed opera, classical, gospel, folk and jazz in a dozen languages in more than 100 concerts around the globe. Whether performing classical or popular favorites, he "breathes new life into everything he sings," and crafts what the Los Angeles Times calls "performances of great vitality and verve."

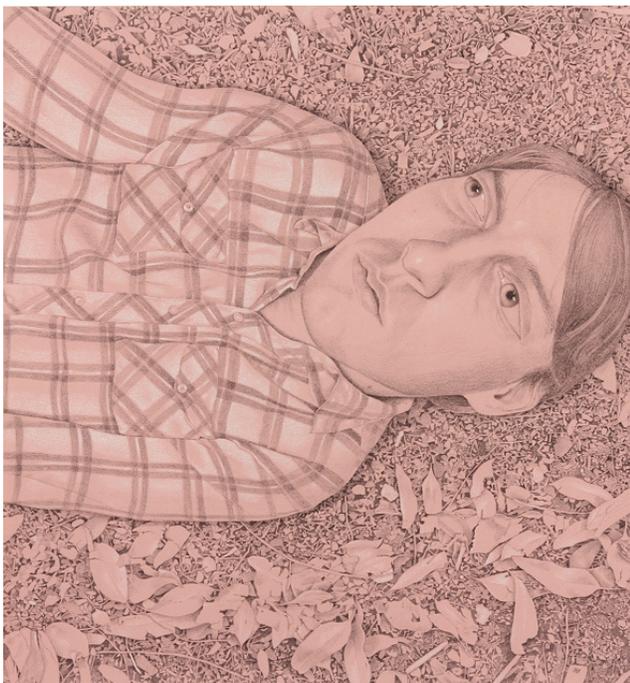
### **"Kiss Me, Kate" ~ February 28, Main Stage @ 7:30 p.m.**

By Cole Porter – Combine Shakespeare's "Taming of the Shrew" with Porter's music and lyrics to get "Kiss Me, Kate" an instant success with every cast and audience. This is a play-within-a-play where each cast member's on-stage life is complicated by what is happening offstage. Musical numbers include Why Can't You Behave, So In Love Am I, Wunderbar, Tom, Dick or Harry, Were Thine That Special Face, Too Darn Hot, Brush Up Your Shakespeare, I Hate Men, Always True to You (In My Fashion) and Another Op'nin, Another Show. "Kiss Me, Kate" is fun, melodious and sophisticated.

# Campus News



The Victor Valley College EMS Academies-Paramedics Program has been selected as an Apple Distinguished Program for the 2012-2013 school year. The program was notified in December that the EMS Academies-Paramedic Program will join 103 programs that Apple is recognizing nationwide as exemplary learning environments and centers of innovation, leadership, and educational excellence. In the letter announcing the program, Apple announced that the EMS Academies-Paramedic Program has shown that they exhibit the five best practices of an Apple Distinguished Program: visionary leadership, innovative learning and teaching, ongoing professional learning, compelling evidence of success, and a flexible learning environment. The presentation of a plaque designating the Program as an Apple Distinguished Program is planned for a future board meeting. Apple has engaged with educators for over 30 years to explore and enhance the experience of teaching and learning. They believe in a world in which all learners are empowered to discover their own special genius. Apple's education mission is to provide a learning environment that supports the way students live and how they want to learn. Apple applauds programs such as the EMS Academies-Paramedic Program that are able to advance this mission ensuring that all students are prepared for future success in work and life.



The art world has a new contributor. His name is Travis Collinson and to top things off, he is also a Victor Valley College alumnus. Collinson opened his first solo exhibition in Los Angeles this month at the Maloney Fine Art Gallery. As described in a Daily Press news article, Collinson's style is fairly traditional. "He does a lot of portraits and natural studies with an obsession drawing small universes of sticks and leaves on the ground," the article stated. The article also singled out VVC Instructor, Marc Ramano as particularly inspirational and the person who helped him become serious about his art. Before this solo show, Collinson's work has been displayed in group shows, and he has two pieces in the permanent collection of the Berkeley Art Museum.



# It's all About You...promotions, weddings, babies, awards, degrees, books and scholarly papers, athletic achievements, and more



<http://omniupdate.com>

A video featuring Justin Gatewood concerning single person/multiple web content management is now available to be viewed online. In the promotional video Justin reports that in late 2006, after a comprehensive evaluation of multiple web content management systems, VVCCD chose OmniUpdate's OU Campus Web Content Management System. In the past 7 years since using their system, the college has expanded its licensing from 25 to 100 users, has expanded the complexity of the processes that are used to manage the system, and resulted in Justin being invited to speak at an international User/Training Conference on 3 prior occasions (2009, 2011 & 2012). In early 2012, OmniUpdate sent a camera crew to the campus to create a video that reviews the successful use of their product. That video (which contains Steve Toner, Kevin Barda, Lorena Ochoa and John Hoskins) is available for viewing on their website. This coming March, OmniUpdate has invited Justin to once again speak at their international User Training Conference. He will be presenting on the topic of Repurposing Web Content Using SharePoint with OU Campus.

Congratulations are in order for Dino Bozonelos, assistant professor, Department of Social Sciences; facilitator, Model United Nations Program; facilitator, Study Abroad Program, and all-a-round busy guy upon completion of his dissertation for a Ph.D. in Political Science. Previously, Bozonelos earned his M.A. degree in National Security Studies at California



State University, San Bernardino. Bozonelos was candid with his comment when he reported the good news. "It took me 8 years to complete the requirements for a Ph.D. in political science. The norm is 6-8 years," he said. "My plan is to publish parts of the dissertation and follow up on other research projects. It feels so good to have finally finished the dissertation," he added.

Congratulations to Robert Sewell for being selected to receive the Distinguished Service Award in support of education from the VVC Foundation. The award will be presented at the Alumni Hall of Fame and Distinguished Service Awards Celebration Gala on February 23rd. When asked about the notification of the award Robert said, "The Foundation Team walked into the ASB Council meeting carrying balloons. I thought how nice they remembered my birthday. Of course, it was for another reason. Emotionally it was hard to hold back tears as I was attempting to come up with words to express gratitude, shock & surprise. I get my motivation from many people. Helping others & having a tireless work ethic, placing service above self, or paying it forward are part of an ethic that was taught & mirrored by my parents/grandparents. It's the way I was taught & to be considered distinguished for doing what seems to come natural, then I have to be embarrassed to be so recognized & thankful to be blessed with family that was gifted to understand what makes life good. I am also in debt to the students at VVC. They make me a better person, by reminding me daily that what you do and what you say matters and both make a difference." Robert said.



# Seen around campus...



What is January if not the month for honoring students who have achieved academic distinction and modeled the values set forth by the Phi Theta Kappa International Honor Society? More than 130 students were inducted into the Victor Valley College Alpha Phi Gamma Chapter of Phi Theta Kappa in a ceremony held this month in the Student Activity Center on campus. Each student was presented a white rose which symbolizes purity and the beauty of life and through its buds signifies the intellectual associations new members will build through the Society. White candles are used to light the table where students are asked to sign their name in their chapter's record book. The four cornerstones of Phi Theta Kappa are Leadership, Fellowship, Scholarship and Service. To become eligible for membership in the Alpha Phi Gamma Chapter, a student must have a cumulative GPA of at least a 3.5, have completed at least 12 transferrable units, and be a currently enrolled and registered student at the time of eligibility. Once a student becomes eligible, they receive an invitation to become a lifetime member.

Phi Theta Kappa International Honor Society was established in 1918 by Missouri two-year colleges and later recognized by the American Association of Community Colleges as the official honor society for two year colleges. Phi Theta Kappa serves to recognize and encourage academic

achievement and provides opportunities for individual growth and development through honors, leadership and service programming. Today, Phi Theta Kappa is the largest honors society in American higher education with more that 2 million members, and 1,200 chapters in 50 United States, U.S. territories, Canada and Germany.



Phi Theta Kappa International Honor Society Induction Ceremony



# Seen around campus...

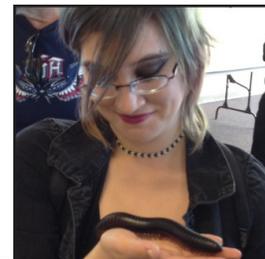


## The Performing Arts Center Isn't Just For The Arts Anymore

The Performing Arts Center is NORMALLY busy with arts and entertainment but on occasion, there are some other interesting and unique activities playing.



Once a year, P.A.P.A. (Pesticide Applicators Professional Association) holds one of its many statewide seminars in our Performing Arts Center. P.A.P.A. is a California non-profit, public benefit corporation which is dedicated to providing continuing education and to the implementation of safe and effective pest control techniques.



This all day seminar covers many areas of pesticide application from the level of a neighborhood lawn maintenance company to extensive turf management (golf courses, parks, stadiums) needs. Pest control can be critters like cockroaches, ants & spiders, spores, or nematode infecting landscape plants. Companies have to treat a variety of establishments.



Every year at least one of the sessions is devoted to entomology (a branch of zoology that deals with insects) and that's where things can get interesting. Dr. Mike Glassey with All Pro Environmental Services brings an assortment of snakes, insects, birds, tortoise, and more to display in the lobby. The birds, tortoise and snakes are alive while most of the insects are not.



Have you ever seen this scary creature crawling across your family room floor? We call them vinegaroons (yet they look like a scorpion) and they are NOT a threat to people. They won't bite you and you won't have the taste of vinegar (because they can't bite you) although, they do emit a mild acid when bothered that smells somewhat like vinegar, hence the name. They are



very good at keeping down the black widow population and other insects such as roaches and crickets so the next time one surprises you, gently gather it (in your Red Solo Cup) and help it outside under a bush or tree. MOST of the insects are not living however, the Indonesian millipede was a big hit. VVC music student Gillian Espinosa just happened through the lobby to see the display and was brave enough to get a first-hand introduction to the critter.

For information on P.A.C. events call the ARTS Information Line at 760-245-ARTS (2787) or go on line to [http://www.vvc.edu/offices/performing\\_art/events.shtml](http://www.vvc.edu/offices/performing_art/events.shtml). To order tickets go to [www.vvc.edu/tix](http://www.vvc.edu/tix).

# Seen around campus...



## Victor Valley College Diabetes Prevention Program

Diabetes is a rapidly growing health problem. Without proper care, diabetes can lead to complications that include kidney failure, loss of eye sight, nerve damage, and more. It is the fifth leading cause of death in America. Approximately 24 million people have diabetes, almost 6 million are undiagnosed and over 57 million have been diagnosed with pre-diabetes. For this reason VVCCD (lead by John Doyle, Faculty Program Facilitator & Fusako Yokotobi, Vice President HR) determined to launch a one year program to assist in the fight against Diabetes.

On October 24, team members (Management, Faculty, Adjunct and Classified Employees) began a voluntary one year Diabetes Prevention pilot Program. All participants received blood glucose screenings by Blue Cross and personalized fitness assessments by LDC Training. The purpose is to study employees who have

been diagnosed as pre-diabetic and provide them with an interactive and monitored program that meets once a month. Members partake in educational workshops and listen to lectures given by specific field experts. Participants are instructed to make permanent lifestyle changes (better food selections & incorporated daily exercise) to further prevent the onset of Diabetes.

In support of wellness and the prevention of diabetes, the VVC Diabetes Prevention Program along with its partners will host a Kaiser Mobile Health Van on February 28. Kaiser's team will be providing biometric screening which includes: blood pressure and BMI, cholesterol- non-fasting, and glucose-non-fasting screening for diabetes. More information will be provided in the near future.

Also on Sunday April 21, the VVC Diabetes Prevention Program will be having an inaugural 5K Run/Walk on campus lead by Kevin Barda who will act as Race Director. Approximately 200 race participants are expected and all proceeds will go towards the Diabetes Foundation and/or similar organizations. More information will be provided in the near future.



# One-on-one with Steve Garcia

Director of Facilities,  
Construction & Contracts  
*Maintenance and Operations*



What is the best advice you were ever given?

*“Easy come easy go.”*

## Q & A

### What do I like best about my job?

My job allows me the opportunity to be part of something that students, staff, and the community will be able to use for many years. From planning through construction, to the last desk moved in, to the building being occupied, it is a tremendous feeling of accomplishment and satisfaction. Additionally, I get to be outside a lot.

### Are you a dog or cat person?

Dog!!! Is that really even a question?

### Favorite food?

Tacos, Tacos, and more Tacos!



Tacos

### What three things would you take to a remote island?

Laughter, music, and a special someone.



### Favorite place to get away?

A remote Island with laughter, music, and a special someone.

### What would people be surprised to learn about you?

Absolutely nothing - what you see is what you get.

### Broccoli or cauliflower?

Hot wings? I love Hot wings!



**Date: 02/08/13**

**Time: 10 am to 2 pm**

**Staff Development  
Committee Invites You  
to Attend  
Spring Semester 2013  
Open House**

Reacquaint yourself with the VVC  
Campus!

See old friends...

Make new ones...

Special surprises for all that at-  
tend!

Refreshments will be provided.  
Hope to See You there!

Student Activities Center

1st Floor

**Debbie Peterson, Jaye Tashima**

**Co-Chairs Staff Development**

Victor Valley Community College

18422 Bear Valley Road  
Victorville, CA 92395

Phone: 760-245-4271 x2228

E-mail: [debbie.peterson@vvc.edu](mailto:debbie.peterson@vvc.edu)



# stretch your limits

## Achieve your goals by finding meaningful reasons to work out.

Staying excited about exercise is often the hardest part of getting healthier. By making your fitness goals personal, measurable, and specific – then tracking your progress – you might find motivation. Sprinkle in a few of these tips and you've got a solid strategy for wellness:

### **Rethink your routine.**

Maximize the benefits of exercise by mixing strength, aerobic, and flexibility training.

### **Team up.**

Push yourself with a little friendly competition by joining a team or club, or by taking a class.

### **Try, try again.**

Everybody has off days, even the pros. Learn to deal with setbacks so that you can get back on track.

[learn more](#)

Visit [kp.org/fitness](https://kp.org/fitness) to find more healthy inspiration.

Kaiser Permanente health plans around the country: Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii • Kaiser Foundation Health Plan of Colorado • Kaiser Foundation Health Plan of Ohio • Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305, 404-364-7000 • Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 2101 E. Jefferson St., Rockville, MD 20852 • Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232

# Save The Date



Private Reception &  
Program Host Sponsor  
Victor Valley College  
Diversity Committee



Join us on  
Saturday,  
February 9, 2013  
at 1:00pm Victor Valley  
College Performing Arts  
Center Celebrating 5 Years of  
“Dreamers, Visionaries & Leaders”  
Recognizing African Americans  
contributions to our American History

For further information contact:  
(760) 242-2487



Produced & Presented by  
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Inter Valley Health Plan, St. Mary Medical Center and  
Heritage Victor Valley Medical Group

**HIGH DESERT  
STAR  
SEARCH**

**OPEN CALL FOR TALENT**

**FIFTH ANNUAL**

# Senior Talent Showcase

**Saturday, April 13 ★ 2 pm**

Victor Valley College Performing Arts Center  
18422 Bear Valley Road, Victorville

**Are you “50 or Better” and have a special talent that you can share with a friendly audience of your peers?** We would love to hear from you! Join us for an afternoon of fun and entertainment at our non-competitive talent showcase.



With Master of Ceremony **Terry Keenan**

Tuesday ★ March 26 ★ 2 pm . . . . . Information Meeting and Auditions

Tuesday ★ April 9 ★ 2 pm . . . . . Dress Rehearsal

Saturday ★ April 13 ★ 2 pm . . . . . Senior Talent Showcase

All activities are held at Victor Valley College Performing Arts Center. Final acts are determined by a selection committee. You can obtain an application Monday through Friday from 8:30 am to 5 pm at Heritage Victor Valley Medical Group, Marketing Office, 12370 Hesperia Rd, Suite 13, Victorville or call the number below and one can be mailed to you. Call Monday through Friday from 7:30 am to 5 pm for more information at **800-251-8191 ext. 240** or **TTY/TDD 800-505-7150**.



Inter Valley Health Plan is a not-for-profit company and a Medicare Advantage Organization with a Medicare contract. This is an advertisement.

H0545\_FUY2013\_134 CMS Accepted: 01/09/2013

MKS# 02012



# ACTIVE SHOOTER HOW TO RESPOND



## SECURITY/SAFETY MEASURES

HOW TO RESPOND WHEN: [http://www.alerts.si.edu/docs/DHS\\_ActiveShooterBook.pdf](http://www.alerts.si.edu/docs/DHS_ActiveShooterBook.pdf)

### Video Teaches How To Respond To Threat Of Armed Assailant



<http://www.tylerpaper.com/article/20120729/NEWS01/120729768#.UBVVQh2SuNU.facebook>

# COPING

## WITH AN ACTIVE SHOOTER SITUATION

- Be aware of your environment and any possible dangers
- Take note of the two nearest exits in any facility you visit
- If you are in an office, stay there and secure the door
- Attempt to take the active shooter down as a last resort

*Contact your building management or human resources department for more information and training on active shooter response in your workplace.*

**CALL 911 WHEN IT  
IS SAFE TO DO SO**

# PROFILE

## OF AN ACTIVE SHOOTER

An active shooter is an individual actively engaged in killing or attempting to kill people in a confined and populated area, typically through the use of firearms.

# CHARACTERISTICS

## OF AN ACTIVE SHOOTER SITUATION

- Victims are selected at random
- The event is unpredictable and evolves quickly
- Law enforcement is usually required to end an active shooter situation



# HOW TO RESPOND

WHEN AN ACTIVE SHOOTER IS IN YOUR VICINITY

## 1. EVACUATE

- Have an escape route and plan in mind
- Leave your belongings behind
- Keep your hands visible

## 2. HIDE OUT

- Hide in an area out of the shooter's view
- Block entry to your hiding place and lock the doors
- Silence your cell phone and/or pager

## 3. TAKE ACTION

- As a last resort and only when your life is in imminent danger
- Attempt to incapacitate the shooter
- Act with physical aggression and throw items at the active shooter

**CALL 911 WHEN IT IS SAFE TO DO SO**

# HOW TO RESPOND

WHEN LAW ENFORCEMENT ARRIVES

- Remain calm and follow instructions
- Put down any items in your hands (i.e., bags, jackets)
- Raise hands and spread fingers
- Keep hands visible at all times
- Avoid quick movements toward officers such as holding on to them for safety
- Avoid pointing, screaming or yelling
- Do not stop to ask officers for help or direction when evacuating

## INFORMATION

YOU SHOULD PROVIDE TO LAW ENFORCEMENT OR 911 OPERATOR

- Location of the active shooter
- Number of shooters
- Physical description of shooters
- Number and type of weapons held by shooters
- Number of potential victims at the location